



Your heart
health could affect your
safety on the road



Make sure
you're **safe...**



www.lifeontheroad.org.uk

Heart problems can cause dizziness, fainting or blackouts.

If you lost consciousness while driving, you would lose control of your vehicle and crash almost immediately. This puts you and others at risk, especially pedestrians, cyclists and motorcyclists.

What to do if you have heart problems

Stop driving, and only drive again when your doctor says it's safe to do so.

Your doctor will also tell you whether you need to report your condition to the DVLA. Follow your doctor's advice.

Advice and help about heart disease is available from the British Heart Foundation on 0300 330 3322 or supporterservices@bhf.org.uk

If the DVLA says you can drive again, consider taking a driving assessment, which can be arranged by RoSPA or a number of other organisations.

For more information:

Visit: www.lifeontheroad.org.uk | Call: 0121 248 2130